

LIVING A LIFE OF DISCIPLINE By Jarrod Davidoff February 20, 2022

We are doing a series on leadership. But before you are equipped to lead others you first have to become a leader of yourself.

I said last week the toughest person to lead is yourself.

HOUSE ILLUSTRATION

1. ARE YOU WILLING TO BE DISCIPLINED?

Luke 14:28 For which of you, intending to build a tower, does not sit down first and count the cost, whether he has *enough* to finish *it*— **29** lest, after he has laid the foundation, and is not able to finish, all who see *it* begin to mock him, **30** saying, ‘This man began to build and was not able to finish’? **31** Or what king, going to make war against another king, does not sit down first and consider whether he is able with ten thousand to meet him who comes against him with twenty thousand? **32** Or else, while the other is still a great way off, he sends a delegation and asks conditions of peace. **33** So likewise, whoever of you does not forsake all that he has cannot be My disciple

You can either Pay now and play later.

Or play now and pay later. Yet you will need to pay.

My advice is pay on the front end.

The bridge between good intentions and good actions is self discipline.

IF self discipline is a heavy thing for you it will be hard.

IF self discipline is a journey and it’s light it will be a bridge and it will be easy.

Self discipline is the difference between consistent success and once off success.

2 Chronicles 2:7 But you, be strong and do not let your hands be weak, for your work shall be

SO HOW DO I BECOME A DISCIPLINED PERSON?

2. BE HUMBLE TO RECEIVE INSTRUCTION

The problem with many people, now none of you here today or watching at home.

I'm talking about those stubborn, arrogant, conceited, never done anything for the Lord, easily offended, unforgiving, seeker sensitive, God offensive Christians (**if you can even call a person like that a Christian**). Know it all, can't teach them NOTHING.

SAY: I'm so glad he's not talking about me. Now if 30% of people are like that that's 1 out of 3. So look at the person on your right and left and say, "I know he's not talking about me, so which one of you is it?"

Hebrews 12:11 Now no chastening (*to correct by punishment or suffering : discipline* ***COLLINS DICTIONARY MEANING:*** A chastening experience makes you regret that you have behaved badly or stupidly) seems to be joyful for the present (**SHORT TERM PAIN PRODUCES LONG TERM SUCCESS**), but painful (**IT'S NOT GONNA BE EASY. If it was easy everyone would do it**); nevertheless (**IT'S THE ONLY OTHER OPTION. ARE YOU IN?**), afterward it yields the peaceable fruit of righteousness to those who have been trained by it.

NIV

Hebrews 12:11 No discipline (**the practice of training people to obey rules or a code of behavior**) seems pleasant at the time, but painful. Later on, however, it

produces a harvest of righteousness and peace for those who have been trained by it.

So we can concur that it's going to take practice over a period of time to produce success.

3. DON'T BE EASILY OFFENDED

When you are being trained by your boss, leader, pastor, trainer or coach IF YOU KNOW you're in an environment where they want you to succeed, DON'T get offended by what they say to you.

You need to be teachable.

1 Peter 5:8 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. **(SATAN IS TRYING TO TRIP YOU UP. IF HE CAN GET YOU OFFENDED HE'S GOT YOU BEAT)** **9** Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world.

Hebrews 12:15 looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled;

My Lord. I'm begging you today. STOP being a SNOWFLAKE. Someone who melts under pressure.

You will be shocked at the reasons people leave the church.

Now most of the time they love me and Lucinda and the church BUT THEY GET TRIGGERED.

Its like a ticking time bomb.

Did you hear what he said, she said, they said, it said?

Do you know what she said to me?

Listen here DORIS. Let it go

Listen here RALPH. Man up.

The devil is laughing at you. He's like. Here demons did you see that, did you see how easily they gave up, got offended, got hurt. Here's the plan, get them offended.

People that are in the process of being DISCIPLINED are in the process of training.

I served in the South African Defense force.

Man, I went through hell. Any one being in the army, airforce, or navy.

Man they give it to you, they lay it on.

Push ups, sit ups, marching, on the parade ground for hours, you can't move, your nose is itching you feel an itch, boy you better be quick and make sure the corporal or lieutenant doest see you or its OK BOYS Private Jones had an itch, how does it feel now soldier, you ok, want another scratch.

Now because Private Jones had an itch we went another hour.

They are screaming at you, threatening to kill me and bear me up.

But I was like-man you not gonna break me, I'm gonna break you.

I did a few things I don't advise anyone to do in the army. You wanna know what?

Nah I better not.

Where do I start?

Let's start with guard duty.

-everyone 1 or 2 a week max but every few weeks

-I'm like 3-4 days a week

-I prepare a pie chart COMPARISON CHART

-In the last month

Van der Merve 4

Van skylk Vyk 3

Van Tonder 6

Holloway 5

Davidoff 16

I scheduled an appointment to see RSM. Regimental Sergeant Major over the base.

Over all the sergeant majors.

His PA was the head drummer for the year over a famous singer who told me everything.

Now this was during the apartheid regime.

Killed people.

Did bad things.

Fighting communism.

Guerilla warfare.

One of toughest armies in the world.

They were anti semetic and treating me bad.

So I schedule a meeting with this racist, anti-semetic RSM and present my facts.

He was so angry he called in the Major who said, Davidoff if you were my son, I'd beat you.

STEVE HOFMEYER SAID - Jarrod he's complaining of heart problems.

Emotions.

Emotions without thinking is downhill.

Emotions with wrong thinking is downhill Emotions above thinking is downhill.

God thinking above emotions is uphill.

Let your emotions emote - but confront your thinking with God's word.

DISCIPLINE THE ROAD TO SUCCESS

Have you heard of the 10,000 hour rule? In Malcolm Gladwell's popular book "Outliers, the rule states that it **takes 10,000 hours of intensive practice to achieve mastery of something with complex skills**

- Before you go around to building your life, you need a plan
- You need to hear from the Lord what your calling is
- You need to pursue that calling
- Get educated in it
- Find mentors in it
- Work hard at
- THAT REQUIRES DISCIPLINE

This leads to my 4th point on Discipline.

DISCIPLINE IS THE BRIDGE TO SUCCESS BETWEEN GOOD INTENTIONS AND GOOD ACTIONS.

One guy said, "It's taken me my whole life of working hard to become an overnight success."

4. CUT THINGS OUT

Matthew 5:29 If your right eye causes you to sin, pluck it out and cast *it* from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell. **30** And if your right hand causes you to sin, cut it

off and cast *it* from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell.

SEXUAL IMMORALITY

1 Corinthians 6:18 Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.

GOSSIP

Proverbs 16:28 A perverse man sows strife,
And a whisperer separates the best of friends.

LAZINESS

Proverbs 12:24 The hand of the diligent will rule,
But the lazy *man* will be put to forced labor.

IDOL THOUGHTS

2 Corinthians 10:4 For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, **5** casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, **6** and being ready to punish all disobedience when your obedience is fulfilled.

CUT OUT THE WRONG FRIENDS

Psalms 1:1 Blessed *is* the man
Who walks not in the counsel of the ^[a]ungodly,
Nor stands in the path of sinners,
Nor sits in the seat of the scornful

5. DISCIPLINE MAKES HABIT YOUR SERVANT

WE DO WHAT WE DO

1 Corinthians 9:24 Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it. **(I am running a race and the Lord has given me some assignments but it all starts with me developing myself as a leader so that I can lead other great leaders)**

25 And everyone who competes for the prize is temperate in all things. Now they do it to obtain a perishable crown, but we for an imperishable crown. **(Ladies and gentleman, boys and girls, this should motivate us to WAKE UP. Let's not be:**

-SNOWFLAKES: those who melt under pressure

-EASILY OFFENDED-)

26 Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air. **27** But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.

When you have been doing something for hours as a kid, when you are older it's normal. For someone else it would seem abnormal but for you it's normal.

If you go uphill you are preparing. Anything worthwhile takes effort.

If you go down hill you are always repairing.

Uphill climbing can be described as self discipline.

Galatians 6:9 And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.

Ecclesiastes 9:10 Whatever your hand finds to do, do *it* with your might; for *there is no work or device or knowledge or wisdom in the grave where you are going.*

“Discipline is the bridge between goals and accomplishment.”

– Jim Rohn

Rule your mind or it will rule you. ”

– Horace

DISCIPLINE IS DOING WHAT YOU KNOW NEEDS TO BE DONE EVEN IF YOU DON'T WANT TO DO IT.

DREAMS GET YOU STARTED... DISCIPLINE KEEPS YOU GOING.

DISCIPLINE IS THE DIFFERENCE BETWEEN GOOD AND GREAT.

DISCIPLINE IS THE REFINING FIRE BY WHICH TALENT BECOMES ABILITY.

TALENT WITHOUT DISCIPLINE IS JUST WASTED OPPORTUNITY.

HE WHO LIVES WITHOUT DISCIPLINE DIES WITHOUT HONOUR.

DISCIPLINE WEIGHS OUNCES, REGRET WEIGHS TONS.

6. GRADUATING TO SELF-DISCIPLINE

BUT THE LORD WANTS US TO GROW UP WHERE WE ARE SELF MOTIVATED

Joshua 1:8 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. **9** Have I not commanded you? Be strong and of good courage; do

not be afraid, nor be dismayed, for the LORD your God *is* with you wherever you go.”

James 1:22 But be doers of the word, and not hearers only, deceiving yourselves. **23** For if anyone is a hearer of the word and not a doer, he is like a man observing his natural face in a mirror; **24** for he observes himself, goes away, and immediately forgets what kind of man he was. **25** But he who looks into the perfect law of liberty and continues *in it*, and is not a forgetful hearer but a doer of the work, this one will be blessed in what he does.

The goal we strive to achieve is that we get to a place where we do not have to have our spouses, pastors, leaders, elders and the like constantly pushing us and training us but that we will ultimately be the one discipling others.